

# Wellness treatments

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**ECUILIBER**

BODY TREATMENT



**CONTACT**

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# My Philosophy

## HARMONY BETWEEN MIND AND BODY

My vision is based on a simple yet profound principle: the mind and body are intrinsically united, dancing in a delicate balance that determines our well-being. In a world often frenetic and chaotic, my aim is to provide a space where clarity, lightness, and relaxation can be found - a place where thoughts can finally take a pause, allowing us to reconnect with ourselves.

It's not just about rejuvenating the body; it's about forging a deep connection with our inner selves. I invite my clients to set aside daily tensions, pause for a moment, and let time flow. Here, in this refuge of wellness, the mind can empty itself, and the body can rediscover its vitality.

My philosophy is a celebration of simplicity and self-care.

We desire to find the time to listen to our bodies, to celebrate our uniqueness, and to build a healthy relationship with ourselves. I believe that through awareness and intimacy with our being, we can break down the barriers between mind and body and rediscover our potential in every moment.



Your trust and satisfaction  
represent my greatest motivation.  
Thank you for the trust you place in me,  
and I look forward to welcoming you!

Your masseuse - esthetician  
Jasmine

# Massages



## SWEDISH MASSAGE - RELAXING

*Promotes muscle relaxation, circulation, and detoxification, as well as calming the nervous system for complete relaxation.*

50 min. full body 80€

25 min. partial 50€



## SPORT & VITALITY BODY MASSAGE

*This targeted massage reactivates muscles, dissolves deep tensions, and improves muscle tone, bestowing vitality. The principles of alpine arnica further stimulate the body.*

50 min. full body 85€

25 min. partial 55€

# SPA Highlights



## ENERGIZING HERBAL STAMP MASSAGE

*A massage that activates muscles and stimulates metabolism with herbal pouches and enveloping scents to release stress and recharge energy.*

*60 min. full body 100€*

## DEEP RELAX HOT STONE MASSAGE

*The treatment begins with the enveloping warmth of basalt stones, awakening the seven energy centers of the body. This is followed by a gentle massage with aromatic oils, stimulating lymphatic flow and providing an experience of deep relaxation and harmony.*

*60 min. full body 100€*



## HOLISTIC FACE + BODY RITUAL

*A unique experience that combines focused massages on the face and back with the use of herbal pouches, offering detoxifying, regenerating, or revitalizing effect. This ritual promotes deep relaxation, ideal for relieving tensions and enhancing overall well-being, restoring harmony between body and mind.*

*80 min. face - back 130€*

# Body scrub



## **BODY SCRUB WITH HAY EXTRACTS**

*This alpine peeling, enriched with natural active ingredients, enhances the skin, making it clear and radiant, stimulating skin metabolism and circulation for a glowing appearance.*

*30 min. full body 50€*



## **AROMA SALT BODY SCRUB**

*An aromatic experience that revitalizes and reawakens the senses. The use of aromatic oils and Dead Sea salt intensely purifies the skin, promoting its regeneration. A true renaissance!*

*30 min. full body 50€*



## **LINEN GLOVE DRY BODY SCRUB**

*This body scrub with raw linen glove purifies the skin, stimulates metabolism, and improves circulation, giving a clear and radiant complexion and a sense of renewed energy.*

*30 min. full body 50€*



# Body wraps

25 min. full body 45€

## **DETOXIFYING MUD BODY WRAP**

*A natural mud from the Dead Sea, rich in mineral salts, ideal for deep cleaning and detoxifying action. Perfect for restoring vitality to the skin, freeing it from toxins.*

## **MOISTURIZING BODY WRAP**

*An intensive treatment with hyaluronic acid and prickly pear that hydrates and deeply nourishes the skin. Perfect for dry and sensitive skin, it offers a pleasant feeling of softness and freshness, making it ideal for post-sun.*

## **SPORT + VITALITY BODY WRAP**

*Designed for those who love to move, this wrap revitalizes and relaxes after physical activity. With orange extracts, it provides a boost of energy and positivity, giving the skin a sense of tonicity and rejuvenation.*

## **REGENERATING BODY WRAP**

*The wrap provides a deeply nourished skin sensation that feels soft to the touch, thanks to a rich mix of moisturizing, regenerating, antioxidant ingredients, and vitamins that improve elasticity.*

# Back treatments



## RELAXING TREATMENT

*To bestow lightness upon the back, this relaxing treatment offers refreshing exfoliation, an enveloping nourishing wrap and a gentle massage, creating perfect harmony for deep well-being.*

*50 min. back 90€*



## DYNAMIC RECREATION BACK MASSAGE

*A regenerating treatment for the back that combines the effectiveness of cupping and Tibetan bowls, promoting the release of tensions and increasing spinal flexibility.*

*50 min. back 90€*

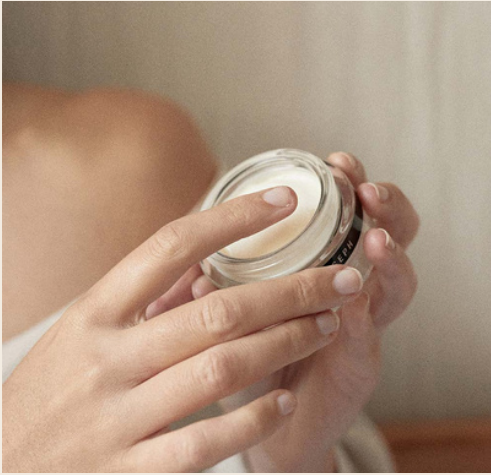


## PURIFYING TREATMENT

*Beginning with a dry exfoliation performed with a copper glove, which oxygenates and revitalizes the skin, followed by deep purification through Dead Sea mud rich in minerals. Finally, a cupping massage stimulates toxin drainage, providing lightness and vitality to the body.*

*50 min. back 90€*

# Hand / Leg treatments



## HAND TREATMENT

*Pure relaxation with a refreshing scrub for hands accompanied by a nourishing wrap and a relaxing massage.*

40 min. hands 65€

## REGENERATED FEET

*Ideal for those who have walked a long way or feel heaviness and soreness, this treatment is perfect for restoring well-being to the feet, the root of our balance. It includes a revitalizing scrub, a nourishing wrap, and a relaxing massage.*

40 min. feet 65€



## DYNAMIC FEET + LEGS MASSAGE

*A treatment that revives tired legs, providing relief and relaxation. It includes a peeling with a copper glove to exfoliate and stimulate circulation, ensuring an energizing and fresh effect.*

50 min. feet - legs 85€





# Facial massages



## EXPRESS EYE + FACE LIFT

*A massage enriched with Gua Sha that offers anti-aging effects, firms the facial contours, and reduces under-eye bags, giving the skin a luminous and fresh complexion. Additionally, it improves the skin's elasticity and resilience.*

*25 min. face 55€*

## RELAXING FACE AND NECK MASSAGE

*Special techniques that dissolve tensions and clarify the mind. Includes a massage with basalt stone sticks, which stimulate microcirculation and strengthen blood vessels.*

*40 min. face - head - neck 80€*





# Facial treatments

## 50 MIN. INTENSIVE PURIFYING TREATMENT

85€

*A ritual tailored for your skin. Thanks to a deep cleansing, your face will appear radiant and vibrant, providing an undeniable feeling of freshness and energy. It includes exfoliation, cupping massage, a toning mask, and a peel-off mask for rejuvenated skin.*

## 80 MIN. CELLULAR RECREATION TREATMENT

120€

*An experience dedicated to facial care, designed to improve the appearance of the skin. This treatment combines innovative techniques to achieve a radiant and revitalized complexion, refreshing and rejuvenating the epidermis. It's an opportunity to indulge in a moment of relaxation from daily routine.*

## 110 MIN. ADVANCED BIO LIFTING TREATMENT

150€

*The pinnacle of holistic beauty according to the TEAM DR. JOSEPH method offers a personalized intensive treatment that includes a biodynamic lifting massage performed with herbal stamps. This unique treatment allows the experience of extraordinary beauty, guaranteeing visible results.*

## 50 MIN. EXPRESS POWER LIFT FOR MEN

85€

*A specific treatment for male skin that combines effectiveness and naturalness. It includes a lymph-stimulating massage, exfoliation, deep cleansing, intensive mask, and facial massage for a well-groomed and vibrant look.*



# Facial treatments with the perfect device

**50 MIN.**

## **ULTRASONIC FACIAL LIFT**

**100€**

*Experience a completely new technique to achieve wonderful benefits. Using low-frequency ultrasound and natural active ingredients, the skin is firmed and rejuvenated deeply. The treatment includes lymphatic stimulation, warm compresses, purification, and deep enzymatic peeling with ultrasound for optimal and lasting results.*

**80 MIN.**

## **SUPREME ULTRASONIC FACIAL LIFT**

**140€**

*An exclusive experience for a firm, rejuvenated, and luminous face. Combining natural active ingredients with ultrasonic frequencies, this intensive treatment penetrates deeply, offering an even tone and compactness. Customized for each need, it includes special massages and masks.*



# Packages

Mixed treatments



## Moments of tranquility

### Treatments included:

- 60 min. Deep relax hot stone massage
- 50 min. Relaxing back treatment
- 40 min. Relaxing face and neck massage

Price: ~~270€~~ -> 235€

A journey of pure relaxation and tranquility, ideal for those looking to escape from routine and regain their serenity.

## Mountain spirit

### Treatments included:

- 80 min. Holistic body + face ritual
- 40 min. Hand treatment
- 50 min. Dynamic recreation back massage

Price: ~~285€~~ -> 250€

A package to nourish the body and soul, ideal for those seeking inner balance and a new boost.

## Mountain rhythm

### Treatments included:

- 60 min. Energizing herbal stamp massage
- 50 min. Dynamic feet + legs massage
- 25 min. Sport + vitality body wrap

Price: ~~230€~~ -> 195€

A package dedicated to those who seek to recharge their batteries and restore their energy, perfect for facing daily challenges!

## Deep purification

### Treatments included:

- 50 min. Aroma salt body scrub + Detoxifying mud body wrap
- 50 min. Intensive purifying face treatment

Price: ~~180€~~ -> 145€

A deep purification journey for the body and face, perfect for freeing yourself from toxins and regenerating!

## Ageless luminosity

### Treatments included:

- 50 min. Linen glove dry body scrub + Regenerating body wrap
- 25 min. Express eye + face lift
- 80 min. Supreme ultrasonic facial lift

Price: ~~290€~~ -> 255€

A regenerating program to fight the signs of aging and regain youth, like a breath of fresh air in the mountains.

## Touch of beauty

### Treatments included:

- 25 min. Express eye + face lift
- 110 min. Advanced bio lifting treatment

Price: ~~205€~~ -> 170€

A regenerating and rejuvenating experience designed to give new life and radiance to your face. You will feel fresh and renewed, ready to shine on any occasion.

# TEAM D<sup>R</sup> JOSEPH

Team Dr. Joseph is my choice for cosmetic treatments, uniting innovation and nature in every product.



## HIGHTECH NATURAL COSMETICS:

### AN INNOVATIVE CONCEPT

The Dr. Joseph team represents a cutting-edge approach in high-tech natural cosmetics, merging the effectiveness of advanced technologies with the power of natural active ingredients. The laboratory in South Tyrol is home to expert biologists and chemists who utilize sophisticated methods to extract and refine the ingredients, ensuring high quality and sustainability.



## INNOVATION AND SUSTAINABILITY

With over 35 years of experience, the team excels in developing innovative formulas that respect both the skin and the environment. First-rate raw materials from wild collections and organic cultivations are used, and it holds B Corp certification, reflecting commitment to social and environmental responsibility. Packaging is recyclable, and carbon emissions are offset.



# TEAM D<sup>R</sup> JOSEPH

## PHILOSOPHY AND COMMITMENT

The philosophy is based on the belief that nature is the most fascinating laboratory. They offer natural, vegan cosmetics free from harmful chemicals for the body and the environment. The founder, Erb. Dipl. Dr. Joseph Franz, dedicated his life to researching the active principles of plants, inspiring the development of the "Hightech Natural Cosmetics®" line.



## RESEARCH AND PRODUCTION

Products are crafted with care and passion in the South Tyrolean laboratory. Here, a team of experts handles formulation and production, ensuring uncompromising quality standards. Each cosmetic is developed following Good Manufacturing Practices to ensure maximum effectiveness and safety.



The mission is clear: to offer products that are good for the body and the planet. Thanks to the holistic approach and attention to quality, TEAM DR. JOSEPH continues to shine in the natural skincare landscape, receiving international recognition for innovations and results.

# The perfect device



## AREAS OF APPLICATION:

Impure skin  
Hyperkeratosis  
Skin crusts  
Mature skin  
Smoker's skin  
Tired and pale skin

The Perfect Device is an advanced beauty tool that utilizes low-frequency ultrasound (27-28 kHz) for non-invasive facial treatments. In combination with TEAM DR. JOSEPH products, it offers various functionalities, including deep peeling for thorough skin cleansing, electroporation of active ingredients, intensive treatments, and skin biostimulation.

(Electroporation is a technique that generates temporary pores in skin cells through electrical impulses. This increases skin permeability, facilitating the absorption of active ingredients and stimulating skin regeneration.)

## BENEFITS AND RESULTS

- Stimulation of metabolism and cellular turnover.
- Improvement of microcirculation and increased production of collagen and elastin.
- Micromassage that promotes collagen synthesis.
- Relaxation of facial muscles and deep cleansing.
- Reduction of impurities and crusts, accelerating healing processes.
- Improvement of the overall appearance of the skin, with a revitalizing effect for mature or atrophied skin.
- Refreshing and toning result on pale skin and repair of damage caused by UV rays.

THE PERFECT DEVICE represents an innovative solution for those who wish to improve their skin's appearance. The synergy between ultrasound and specific TEAM DR. JOSEPH products ensures an enhanced and lasting beauty experience.

# 7 chakras



## ENERGY CENTERS AND INNER BALANCE

Chakras are considered energy centers situated along the spine, an integral part of Indian spiritual tradition and alternative medicine. The word "chakra" derives from Sanskrit and means "rotation" or "wheel," symbolizing the dynamic flow of energy. Each chakra corresponds to specific physical, emotional, and spiritual functions, and their well-being is essential for maintaining inner balance.

## THE IMPORTANCE OF CHAKRA BALANCE

Correct functioning of the chakras is fundamental to overall well-being. When the chakras are blocked or imbalanced, physical or emotional discomfort may occur. Techniques such as massage, meditation, yoga, and the use of crystals can help rebalance the chakras, promoting a harmonious flow of energy.

## TOWARDS WELL-BEING

Caring for our chakras is a journey of self-discovery and healing. Through awareness and practice, each individual can achieve a deeper level of inner balance and wellness, creating a more meaningful and fulfilling life. Whether you are seeking to explore your spirituality, improve your relationships, or simply feel more grounded, working with the chakras represents a powerful path towards personal transformation and serenity.



# The seven chakras

## 1. ROOT CHAKRA (MULADHARA)



- Function: Related to stability, security, and basic needs. A grounded chakra promotes self-confidence and connection to the earth.
- If blocked: Anxiety, fear, feelings of insecurity.

## 2. SACRAL CHAKRA (SVADHISTHANA)



- Function: Associated with creativity, sensuality, and emotions. Supports interpersonal relationships and artistic expression.
- If blocked: Emotional blocks, difficulties in relationships.

## 3. SOLAR PLEXUS CHAKRA (MANIPURA)



- Function: Involved in personal power, self-efficacy, and will. An active solar plexus fuels confidence and determination.
- If blocked: Low self-esteem, digestive issues.

## 4. HEART CHAKRA (ANAHATA)



- Function: Symbolizes love, compassion, and connection. It is the balancing point between matter and spirit.
- If blocked: Difficulties in relationships, emotional closure.

## 5. THROAT CHAKRA (VISHUDDHA)



- Function: Center of communication and personal expression. Fosters the art of speech and inner truth.
- If blocked: Difficulty expressing oneself, throat issues.

## 6. THIRD EYE CHAKRA (AJNA)



- Function: Represents intuition, wisdom, and inner vision. Allows connection with our higher self.
- If blocked: Mental confusion, lack of vision.

## 7. CROWN CHAKRA (SAHASRARA)



- Function: Connection to the divine, spirituality, and universal understanding. Represents the point of union with the universe and our highest purpose.
- If blocked: Spiritual disconnection, loss of meaning.

# Tibetan singing bowls



## ORIGINS

Tibetan singing bowls have mysterious origins, dating back to the east of Tibet and used in Nepal and India as well.

The massage with Tibetan singing bowls offers a unique experience that blends art and spirituality, creating an environment for deep release and healing. The sound vibrations of the bowls act on both body and mind, promoting introspection and inner harmony. This practice allows for the restoration of natural balance and the experience of serenity.

## TRADITIONAL USE

Traditionally, these shamanistic and meditative practices hold cultural importance in various regions. In Assam, they are used to call to the table; in Orissa, they are considered wedding gifts; while in Nepal, their sacred sound is an integral part of Buddhist ceremonies.

## SOUND THERAPY

In recent years, Tibetan singing bowls have become popular in sound therapy due to their ability to rebalance energy and promote well-being. During sessions, they produce soothing sounds that help reduce stress and facilitate meditation.

## BENEFITS

In addition to cultural significance, the sounds of the bowls offer therapeutic benefits such as reduced anxiety and improved concentration, inducing meditative states and encouraging an inner connection.

# Basalt stones

## ORIGIN AND COMPOSITION

Basalt stones, of volcanic origin, are formed from the solidification of magma. They are valued for their density and mineral composition, which allows them to retain heat. The smooth surface makes them ideal for direct contact with the skin, while their various shapes and sizes enable therapists to apply specific techniques to different muscle groups and points of tension.



## BENEFITS OF HOT STONE MASSAGE

- **Deep Relaxation:** The heat from the hot stones induces a physical and mental relaxation sensation.
- **Pain Relief:** Hot stones can reduce tension and pain, especially in the case of cramps or muscle disorders.
- **Detoxification:** They stimulate blood and lymphatic flow, helping to release accumulated toxins in the body.
- **Energetic Balance:** It is believed that the stones possess energies that promote balance and harmony in the body's energy centers.

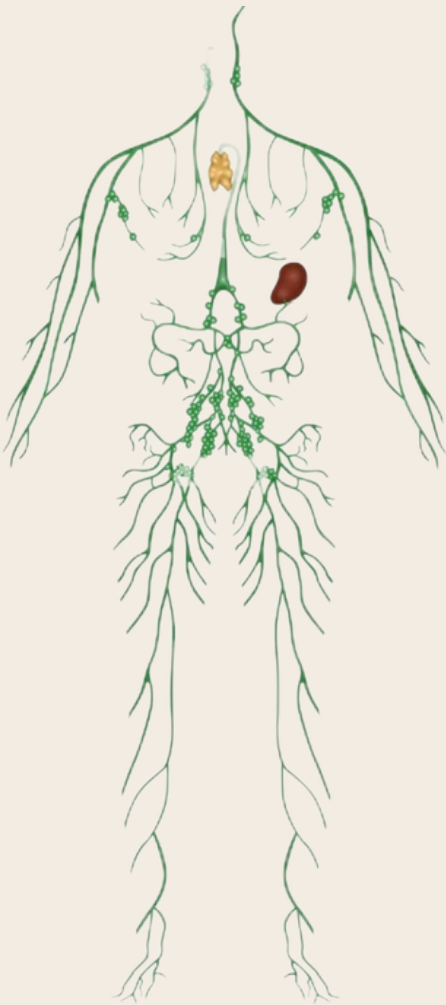


Incorporating basalt stones into massage treatments enriches the sensory experience and offers numerous benefits for both body and mind. Hot stone massage is an ideal holistic practice for relieving stress and muscle tension, fostering the recovery of inner balance. Experiencing this ancient form of therapy allows you to reconnect with your body and spirit in a profound and rejuvenating way.

# The lymphatic system

## AN ESSENTIAL FILTER FOR HEALTH

The lymphatic system is a fundamental part of our body, often overlooked but crucial for maintaining our overall well-being. This system is composed of a vast network of lymphatic vessels, lymph nodes, and lymphatic organs, such as the spleen and tonsils, that work together to monitor and regulate immune response and fluid drainage.



## WHAT IS LYMPH?

Lymph is a clear fluid of the lymphatic system, composed of water, salts, proteins, white blood cells, and nutrients. It transports nutrients and toxins, playing a vital role in the immune system and defending against infections and diseases.

## FUNCTIONS OF THE LYMPHATIC SYSTEM

- **Fluid drainage:** Reduces excess fluid in tissues, preventing edema and maintaining fluid balance.
- **Filtration and immune defense:** Lymph nodes filter pathogens and tumor cells, activating the immune system against infections.
- **Removal of toxins:** Helps eliminate toxins and waste materials, maintaining a healthy internal environment.

## HOW TO STIMULATE THE LYMPHATIC SYSTEM

To stimulate the lymphatic system, lymphatic massages can be helpful, improving lymph flow and promoting detoxification. Physical activities such as walking, jogging, and practicing yoga promote lymphatic flow, while proper hydration and a healthy diet, rich in fruits and vegetables, support the health of lymphatic vessels and the immune system.

# Herbal stamps

## REGENERATION HERBAL STAMPS

Promote serenity and overall well-being.  
They enhance skin health and emotional balance.

- Lemon balm leaves: Soothing, hydrating
- Lemongrass: Strengthens the immune system
- Althea Roots: Anti-inflammatory, skin elasticity
- Plantago leaves: Relaxing, mood-boosting
- Rose petals: Harmonizing, endorphin-releasing
- Calendula flowers: Improve circulation



## DETOX HERBAL STAMPS

They have a purifying and hydrating action,  
improving circulation and making the skin radiant.

- Mallow leaves: Soothing, help maintain hydration
- Calendula flowers: Improve circulation
- Rose petals: Healing, promote well-being
- Epilobium flowers: Soothing for muscle tension
- Flax seeds: Detoxifying
- Lady's mantle: Reactivates skin metabolism



## VITALITY HERBAL STAMPS

Revitalize body and mind, alleviating tensions and pains.

- Rosemary leaves: Stimulate circulation
- Plantago leaves: Relaxing
- Comfrey roots: Soothing for muscles
- Lavender flowers: Calming, rejuvenating
- Arnica flowers: Anti-inflammatory
- Linden flowers: Relieve pains



# Information

## PRIVACY AND CONFIDENTIALITY

Your privacy is fundamental to me. All personal information provided during bookings and treatments will be handled with the utmost confidentiality and used exclusively to ensure your experience.

## BOOKINGS AND CANCELLATION POLICY

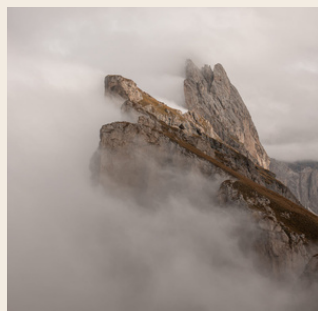
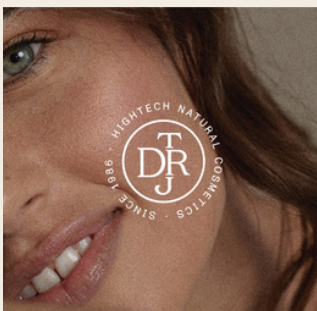
To guarantee quality service to all my clients, I ask to book appointments in advance. If you cannot attend an appointment, please inform me at least 24 hours in advance. Otherwise, I reserve the right to charge the full cost of the booked treatment. Please arrive at least 10 minutes before your scheduled treatment start time. This will ensure a smooth and timely experience for both you and other clients. In case of delay, the service will be provided in the remaining time at the same price. Thank you for your understanding.

## PAYMENT

The cost of the treatment will be included with the apartment and will be settled at the end, along with the payment for the apartment itself. Alternatively, it can be paid directly after the treatment.

## FEEDBACK AND CONTACT

Your satisfaction is my priority. I invite you to share your feedback after the treatment to continually improve my service. For any questions or booking requests, please do not hesitate to contact me.



Thank you for your trust, and I look forward to welcoming you to my wellness space!



# Products

## Body



### Body serum + cream + oil

DE • Natürliche Kompositionen mit pflegenden Ölen und hochwirksamen Inhaltsstoffen, welche die Haut mit Feuchtigkeit versorgen und ein samtig-weiches Hautgefühl hinterlassen.

IT • Composizioni naturali con oli nutrienti e ingredienti altamente efficaci che idratano la pelle e la lasciano morbida e vellutata.

EN • Natural compositions with nourishing oils and highly effective ingredients that moisturize the skin and leave it feeling velvety soft.

#### HYALURONIC BODY SERUM

• 100 ml • 42,90 EUR

#### PURE HYDRATING BODY LOTION

• 100 ml • 29,90 EUR

#### SILKY RENEWAL BODY ELIXIR

• 100 ml • 39,90 EUR

## Hands + feet

DE • Hand- und Fußpflege, welche die Haut mit Feuchtigkeit versorgt, pflegt und erfrischt.

IT • Trattamento per mani e piedi che idrata, nutre e rinfresca la pelle.

EN • Hand and foot care that moisturizes, nourishes and refreshes the skin.

#### CELLULAR PROTECTION HAND CREAM SPF 10 07

• 50 ml • 22,90 EUR

#### REFRESHING FOOT BALM

• 50 ml • 19,90 EUR

#### COOLING LEG RELIEF GEL

• 100 ml • 24,90 EUR



## Balms

DE • Wirksame, funktionale Formeln, die die Muskeln fit halten, die Beweglichkeit und Kraft der Gelenke fördern oder die Haut schützen.

IT • Formule efficaci e funzionali che mantengono in forma i muscoli, promuovono la mobilità e la forza delle articolazioni o proteggono la pelle.

EN • Powerful, functional formulas to keep muscles fit, promote joint mobility and strength, or to protect the skin.

#### ARNICA SPORT BALM

• 50 ml • 24,90 EUR

#### RESTORATIVE SKIN BALM

• 50 ml • 29,90 EUR

#### JOINT RELIEF BALM

• 50 ml • 24,90 EUR

## Mind-relaxing synergy Aroma roll on

DE • Aroma Roll-on mit reinen ätherischen Ölen für ein entspannendes Dufterlebnis.

IT • Aroma roll-on con oli essenziali puri per un'esperienza olfattiva rilassante.

EN • Aroma roll-on with pure essential oils for a relaxing olfactory experience.

#### INNER BALANCE AROMA ROLL ON

• 10 ml • 19,90 EUR

## Accessories

#### LINEN GLOVES FOR HAMAM

• 2 x • 19,90 EUR



#### PEELING GLOVE LINEN + COPPER FIBERS

• 1 x • 12,00 EUR

Step 1 • evening  
Make up removal

Efficient make-up removal is vital for detoxifying the skin overnight, preventing blemishes and allowing for better absorption of subsequent skincare products.

GENTLE CLEANSING OIL 00

- 50 ml • 29,90 EUR

PURE MICELLAR CLEANSING WATER 00

- 200 ml • 34,90 EUR

Step 2 • morning + evening  
Cleansing

Thorough cleansing removes impurities and dirt, essential for maintaining the skin's health and protecting its natural barrier while prepping for further treatments.

DELICATE CLEANSING MILK 00

- 200 ml • 34,90 EUR

PURIFYING CLEANSING GEL 03

- 200 ml • 34,90 EUR

PURE MICELLAR CLEANSING WATER 00

- 200 ml • 34,90 EUR

Step 3 • morning + evening  
Toner

A toner restores the skin's natural pH after cleansing, providing essential nutrients and enhancing the effectiveness of following products.

GENTLE BALANCING TONER 00

- 200 ml • 34,90 EUR

DEEP PURIFYING TONER 03

- 200 ml • 34,90 EUR

HYALURONIC BLOSSOM FACIAL MIST 00

- 100 ml • 34,90 EUR

# Products

## Face



Step 4 • once a month / week  
Peeling+ mask

Regular peelings and masks promote cell renewal and hydration, improving skin texture and infusing it with concentrated active ingredients.

EXFOLIATING FACIAL SCRUB 00

- 50 ml • 37,90 EUR

GENTLE CLARIFYING ENZYME PEEL 01

- 50 ml • 39,90 EUR

FRUIT ACID PEEL 05

- 50 ml • 47,90 EUR

SKIN CALMING MASK 01

- 50 ml • 47,90 EUR

INTENSE MOISTURIZING MASK 02

- 50 ml • 44,90 EUR

DEEP PURIFYING MASK 03

- 50 ml • 42,90 EUR

DEEP PURIFYING CELLULOSE FACE MASK 03

- 1 x • 6,90 EUR

INTENSE REVITALIZING MASK 04

- 50 ml • 47,90 EUR

INTENSE WELL AGING MASK 05

- 50 ml • 62,90 EUR



Step 5 • morning + evening

## Serum

Serums deliver high concentrations of active ingredients directly to the skin, offering intensive care in just a few drops for enhanced results.

EXTRA SENSITIVE CALMING SERUM 00

• 30 ml • 79,90 EUR

ULTRA HYDRATION SERUM 02

• 30 ml • 77,90 EUR

DEEP PURIFYING SERUM 03

• 30 ml • 67,90 EUR

INTENSE ENERGIZING SERUM 04

• 30 ml • 82,90 EUR

SUPREME WELL AGING SERUM 05

• 30 ml • 109,90 EUR

HYALURONIC REPAIR BOOSTER SERUM 05

• 30 ml • 134,90 EUR

Step 6 • morning + evening

## Eyes + lips

The delicate skin around the eyes and lips requires specialized moisture and protective ingredients to combat wrinkles and maintain elasticity.

HYDRATING EYE CREAM 06

• 15 ml • 54,90 EUR

SUPREME LIFTING EYE SERUM 06

• 15 ml • 119,90 EUR

HYALURONIC LIP CONTOUR CREAM 06

• 15 ml • 47,90 EUR

SOFT LIPS GLOW BALM 06

• 10 ml • 29,90 EUR

# Products

## Face



Step 7 • morning + evening

## Cream

Creams nourish the skin with essential lipids, creating a protective barrier that locks in moisture and shields against environmental stressors.

SKIN CALMING CREAM 01

• 50 ml • 74,90 EUR

GENTLE COUPEROSE CREAM 01

• 50 ml • 84,90 EUR

BARRIER RESTORING RICH CREAM 01

• 50 ml • 69,90 EUR

DAILY MOISTURIZING CREAM 02

• 50 ml • 67,90 EUR

ULTRA INTENSE MOISTURIZING CREAM 02

• 50 ml • 89,90 EUR

DAILY PURIFYING CREAM 03

• 50 ml • 54,90 EUR

MATTIFYING PORE REFINING CREAM 03

• 50 ml • 77,90 EUR

DAILY ENERGIZING CREAM 04

• 50 ml • 77,90 EUR

SUPREME WELL AGING CREAM 05

• 50 ml • 97,90 EUR

HYALURONIC REPAIR BOOSTER CREAM 05

• 50 ml • 124,90 EUR

# Products

## Face

Step 8 • morning + evening

### Face oil

Facial oils closely mimic the skin's natural lipids, reinforcing the lipid barrier to prevent dryness and minimize wrinkle formation.

AGE REPAIR MIRACLE DROPS 05

• 30 ml • 144,90 EUR



### Sun protection

Consistent application of broad-spectrum sun protection is crucial to prevent premature aging and pigmentation caused by UV and artificial light exposure.

HIGH PROTECTION SUN CREAM SPF 30 07

• 50 ml • 44,90 EUR

ULTRA LIGHT SUN BLOCK SPF 50+ 07

• 50 ml • 54,90 EUR

CELLULAR PROTECTION HAND CREAM  
SPF 10 00

• 50 ml • 22,90 EUR

### Meaning of numbers

**00** ESSENTIALS  
ALL SKIN TYPES

**01** CALMING  
SENSITIVE SKIN

**02** MOISTURIZING  
DRY SKIN

**03** PURIFYING  
OILY, COMBINATION SKIN

**04** ENERGIZING  
BLEMISHED SKIN

**05** WELL AGING  
MATURE SKIN

**06** EYE & LIP CARE  
ALL SKIN TYPES

**07** SUN PROTECTION  
ALL SKIN TYPES / KIDS

### Accessories

REUSABLE BAMBOO PADS 00

• 1 x • 24,90 EUR



PEELING-FAN BRUSH 00

• 1 x • 12,90 EUR



BLACK OBSIDIAN GUA SHA 00

• 1 x • 24,90 EUR



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